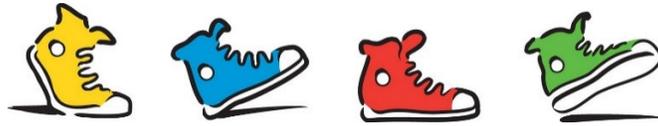


## SHOE RECOMMENDATIONS



ORTHOTIC SANDAL BRANDS	ATHLETIC SHOE BRANDS	ORTHOTIC BRANDS
------------------------	----------------------	-----------------

- |                                       |                                      |                                 |  |
|---------------------------------------|--------------------------------------|---------------------------------|--|
| <input type="checkbox"/> Fit Flops    | <input type="checkbox"/> Brooks      | <input type="checkbox"/> Asics  | <input type="checkbox"/> The Running Store |
| <input type="checkbox"/> Vionics      | <input type="checkbox"/> New Balance | <input type="checkbox"/> Hoka   |  |
| <input type="checkbox"/> PowerStep    | <input type="checkbox"/> Nike        | <input type="checkbox"/> Newton |  |
| <input type="checkbox"/> Spenco       | <input type="checkbox"/> Mizuno      | <input type="checkbox"/> Altra  |  |
| <input type="checkbox"/> Birkenstocks | <input type="checkbox"/> Saucony     |                                 |  |
| <input type="checkbox"/> Sole         | Other _____                          |                                 |  |

### SHOE TYPES:

- Stability:** Non-flexible, only toe box should bend, provides support to the medial (inside) portion of the feet, good for low arch/ flexible flat feet and over-pronation.
- Motion Control:** Provides the greatest support to the medial portion of the feet, used for those who bear weight excessively along medial part of shoe and people morbidly overweight-also for rigid flat feet and severe arthritis in feet.
- Neutral:** Allows the foot to be used naturally during the gait cycle, good for high/normal arch feet.
- Wide:** Extra space for bunions or wide feet.