

- ❖ Try to rest and elevate your affected foot to reduce swelling for the next 24hrs.

- ❖ It is normal for your toe to be numb for the next 6-10 hrs. If you start to get more feeling later in the day, you may take Tylenol, Ibuprofen or Aleve to help offset any pain.

- ❖ Keep the bandage on until next morning or evening and get it WET in the shower so it is easy to pull off. Let your toe soak in the shower, then dry it with a towel, and apply bandage or band aid with antibiotic ointment. You may use gauze and tape for the next 1 week instead of bandaid if it is more comfortable.

- ❖ If you had permanent nail removal with chemical application, it is normal for your toe to drain after surgery with clear fluid for about 3 weeks plus or minus 1 wk. The drainage should reduce weekly. You will have some discoloration around nail base until a full new nail comes out after 10-12 months.

- ❖ If you only had the nail removal performed without chemical application, it is normal for it to drain for 3-5 days and takes 7-10 days for complete healing.

- ❖ Continue using antibiotic ointment and bandaging until healed.

- ❖ If Dr. Bhakta or another Dr. has prescribed a Rx antibiotic, finish taking it.

- ❖ If your toe is not improving daily and gets RED, SWELLS MORE, HAS MORE PAIN OR DEVELOPS RED STREAKS, PLEASE CALL THE OFFICE OR EMAIL at www.pwfoot.com . IMMEDIATELY. It is uncommon, but may occur.